

The Nordic Liver Transplant Registry (NLTR)

Annual report 2024

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1. Source of data

The numbers and graphs included in the present report are based on data extracted from the Nordic Liver Transplant Registry (NLTR) in March 2025. Prior to the export, data were subjected to extensive integrity and quality control. Entry of missing data and correction of all identified errors were performed at all centers prior to the final data extraction.

2. Data content NLTR 2024

The registry comprises complete data from the liver transplantation activity at all transplantation centers in Denmark, Sweden, Norway and Finland since 1982. Before 1990, only patients that were transplanted were registered. After 1990, the registry covers all patients entered to the liver transplantation waiting list, regardless of transplantation status. From September 1994, complete waiting list data are available from all patients in addition to the transplantation details. From October 1st 2017 data on patients transplanted in Estonia are prospectively included, patients transplanted in Estonia prior to this date have been retrospectively included. All data are stored securely at ScandiTransplant in Århus (www.scandiatransplant.org).

Up to December 31st 2024, data from a total of 10469 patients had been entered into NLTR. Of these, 9255 patients had received a first liver graft, 939 (10.2%) had been transplanted more than once, and 139 (1.5%) had been transplanted more than twice. A total of 220 living donor transplantations had been performed. Children below 18 years constituted 965 (9.2%) of the transplanted patients in the registry.

3. Transplantation activity 2024

The total number of patients who received a first liver graft in 2024 was 371 (Figure 1). Of these, 14 were combined liver-kidney transplantations. Three were multivisceral and these transplantations were all performed in Gothenburg. Of the first liver transplantations performed in 2024, 5 was a living donor transplantation and none was a domino transplantation. The living donor transplantations were all performed in Oslo.

Fortyseven patients received a DCD graft. In addition, 33 re-transplantations were performed (Table 2). The total number of liver transplantations was 404, which represents a slight decrease from last year's record high figures.

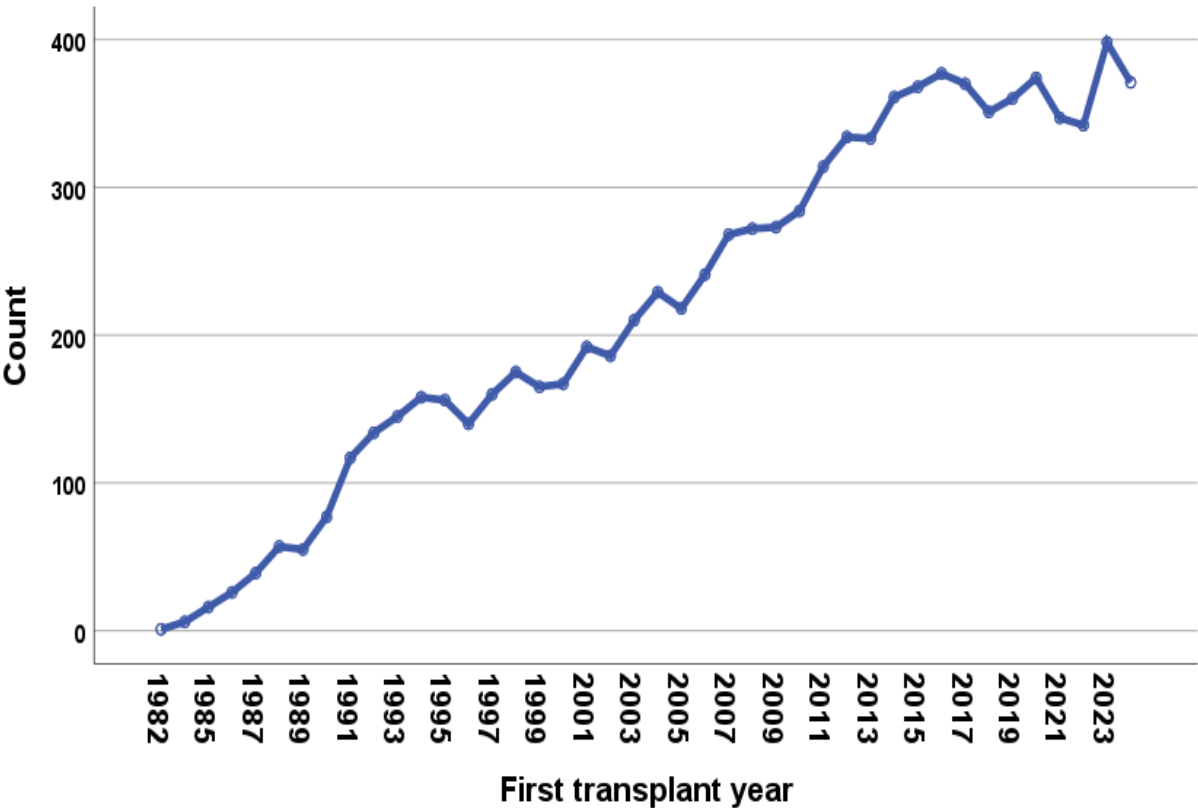


Figure 1. Annual number of first liver transplants 1982-2024.

	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Copenhagen	41	55	51	52	39	61	59	45	41	61	52
Gothenburg	89	86	88	84	83	80	73	87	80	89	89
Helsinki	56	70	54	57	60	56	71	65	55	69	68
Oslo	89	72	88	85	87	75	76	83	89	83	78
Stockholm	77	79	86	82	73	78	84	63	68	82	74
Tartu	9	6	10	10	9	10	11	4	9	14	10

Table 1. Number of first liver transplantations performed at the individual centers during the last 10 years.

	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Copenhagen	6	3	9	5	4	3	7	5	5	4	6
Gothenburg	8	8	17	10	3	15	8	10	10	10	5
Helsinki	3	7	7	6	6	9	4	10	7	9	8
Oslo	11	14	12	17	8	19	12	15	3	9	5
Stockholm	8	8	7	5	4	9	9	8	7	17	9
Tartu	1	1	0	0	1	0	1	0	0	3	0

Table 2. Total number of re-transplantations performed at the individual centers during the last 10 years.

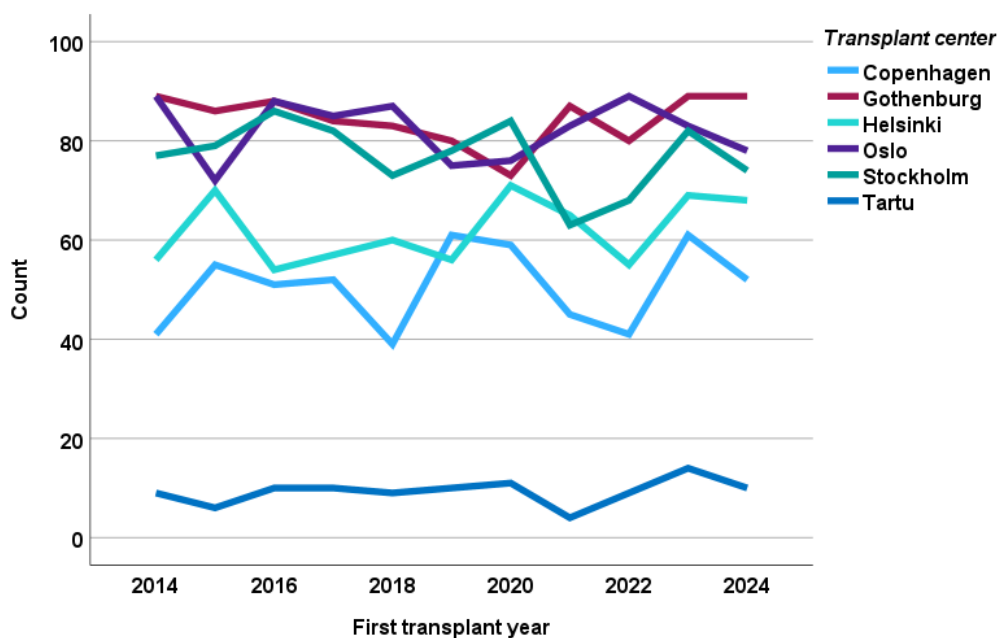


Figure 2. Number of first liver transplantations performed at the Scandiatriplant centers that are currently performing liver transplantations.

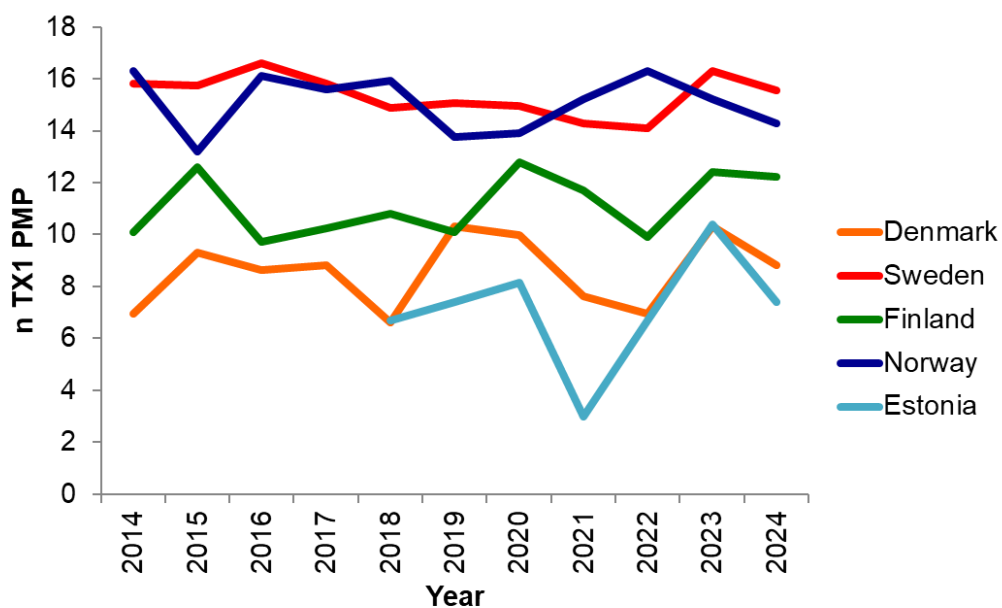


Figure 3. Number of first liver transplantations performed in the Scandiatriplant countries according to the country's population. PMP, per million population.

4. The waiting list 2024

In 2024, a total of 354 patients were entered on the waiting list for a first liver transplant (Table 3), this is a decrease from the 418 entered in 2023 (Figure 4). Seventeen of the patients listed for a first liver transplant in 2024 were listed as highly urgent. This is a slight decrease from the numbers in 2023, but still higher than 2020, 2021 and 2022 which were markedly decreased compared to previous years.

Active on waiting list	Deceased donor	Living donor	Dead	Permanent withdrawal
72	260	5	7	11

Table 3. Patients entering the waiting list in 2024 classified by outcome as of December 31st 2024.

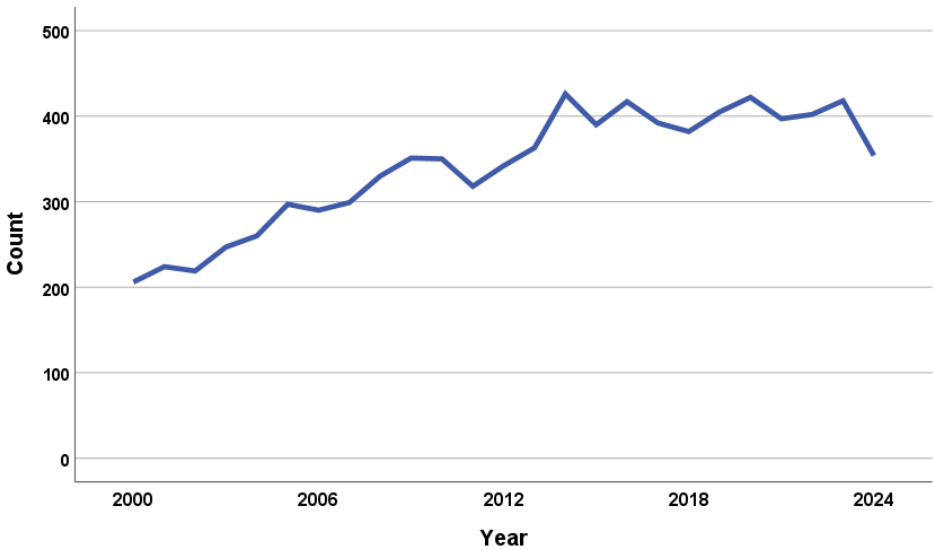


Figure 4. Number of patients entering the waiting list from 2000-2024.

The number of deaths among patients listed in 2024 for a first liver transplant was 7 (Denmark 1, Sweden 2, Finland 2, Norway 1, Estonia 1).

The median waiting time in 2024 was 57 days when excluding patients listed for a highly urgent liver transplantation. The differences according to different ABO blood types were as expected (Table 4) with largely similar numbers since 2010, but with a decrease in waiting time for blood type B after last years marked increase. (Figure 7).

0	A	AB	B
84 (1403)	33 (433)	26 (316)	83 (1419)

Table 4. Median time on waiting list (days) for patients receiving a first liver allograft in 2024 according to ABO blood type. The number in parenthesis represents the maximum waiting time for the indicated blood type in 2024. (Patients listed as highly urgent are excluded from the calculations).

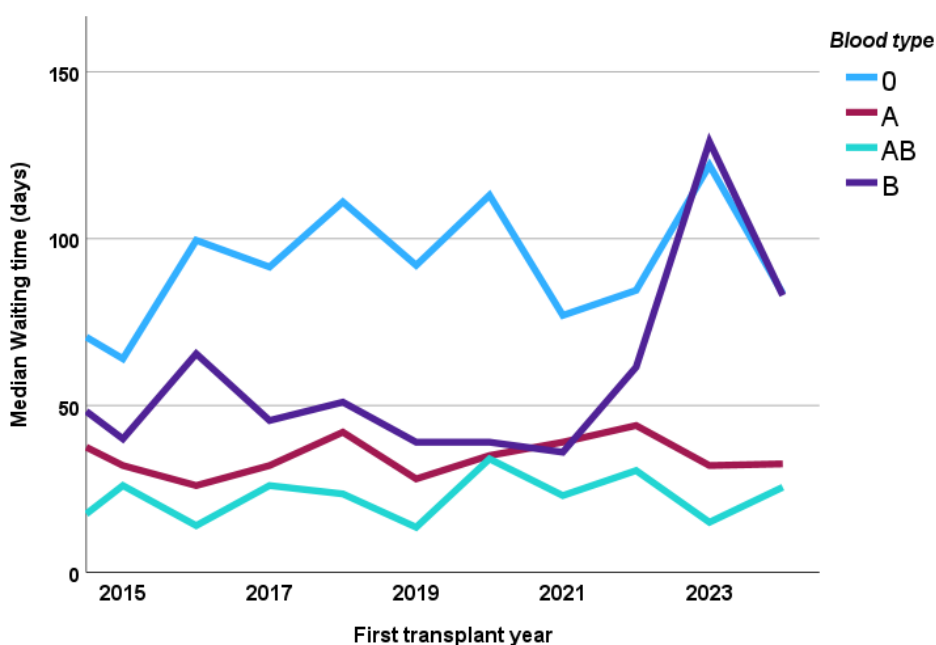


Figure 7. Median waiting time for first liver transplantation according to ABO blood type for 2015-2024. (Patients listed as highly urgent are excluded from the calculations). Tartu had the longest and Stockholm the shortest waiting time in 2024 (Table 5). The waiting times in 2024 went down or were largely stable compared to previous years (Figure 8). The waiting times are still remarkably low compared to other programs.

Copenhagen	Gothenburg	Helsinki	Oslo	Stockholm	Tartu
72 (509)	46 (1419)	52 (349)	84 (881)	33 (433)	125(1125)

Table 5. Median time on waiting list (days) for patients receiving a first liver allograft in 2024 according to transplantation center. The number in parenthesis represents the maximum waiting time for the indicated center in 2024. (Patients listed as highly urgent are excluded from the calculations).

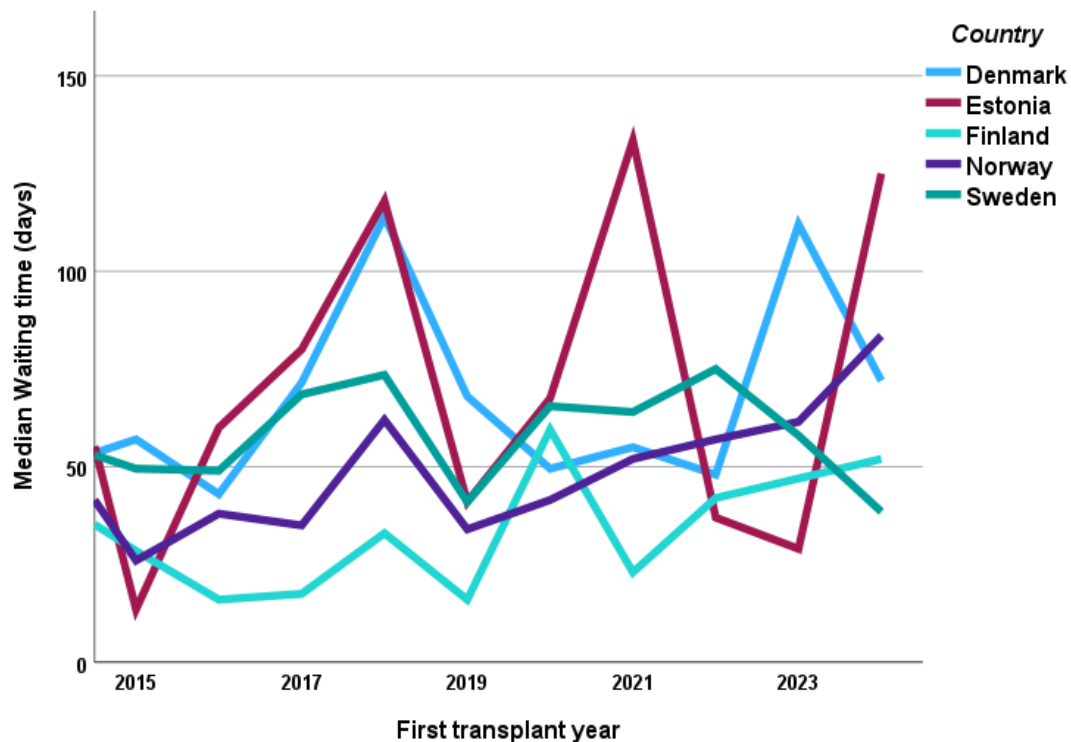


Figure 8. Median waiting time for first liver transplantation according to country for 2015-2024. (Patients listed as highly urgent are excluded from the calculations).

5. Age of recipients and donors

The mean age of adult liver recipients (>18 years, first liver transplantation) in 2024 was 54.5 years. Mean age of children (<18 years, first liver transplantation) in 2024 was 5.0 years. Recipients between 30 and 60 years of age at the first transplantation are still the largest group, but more patients >70 years are transplanted (Figure 9). The median age of the donors has remained stable since 2015 with 51.0 years in 2024 (Figure 10).

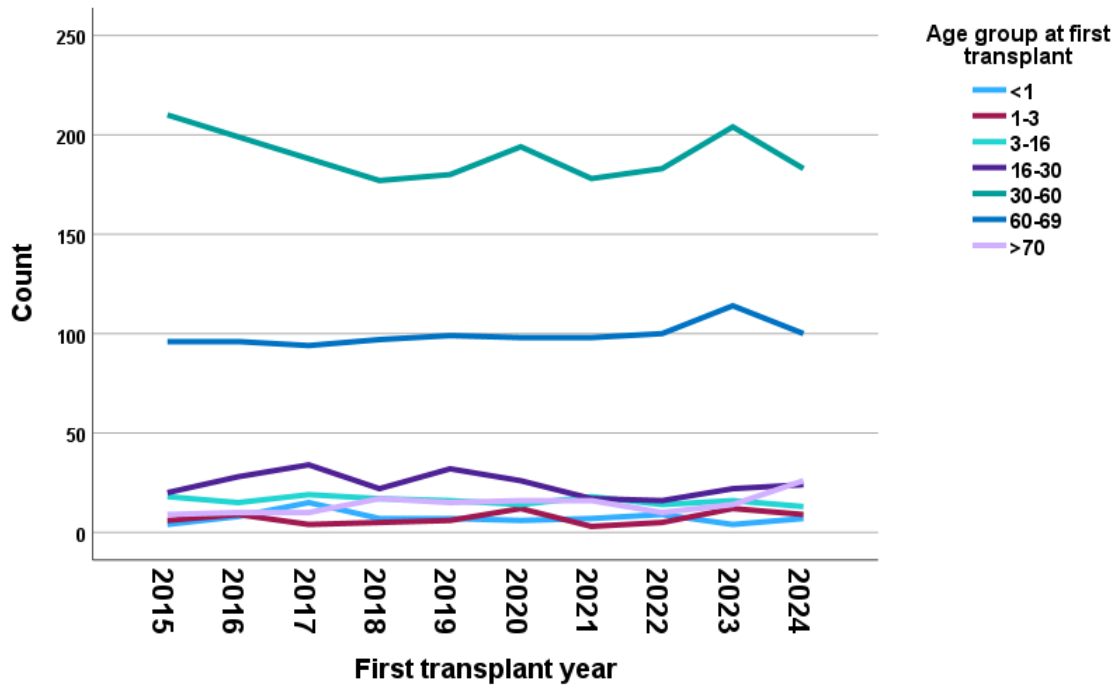


Figure 9. Number of liver transplants in the indicated age groups.

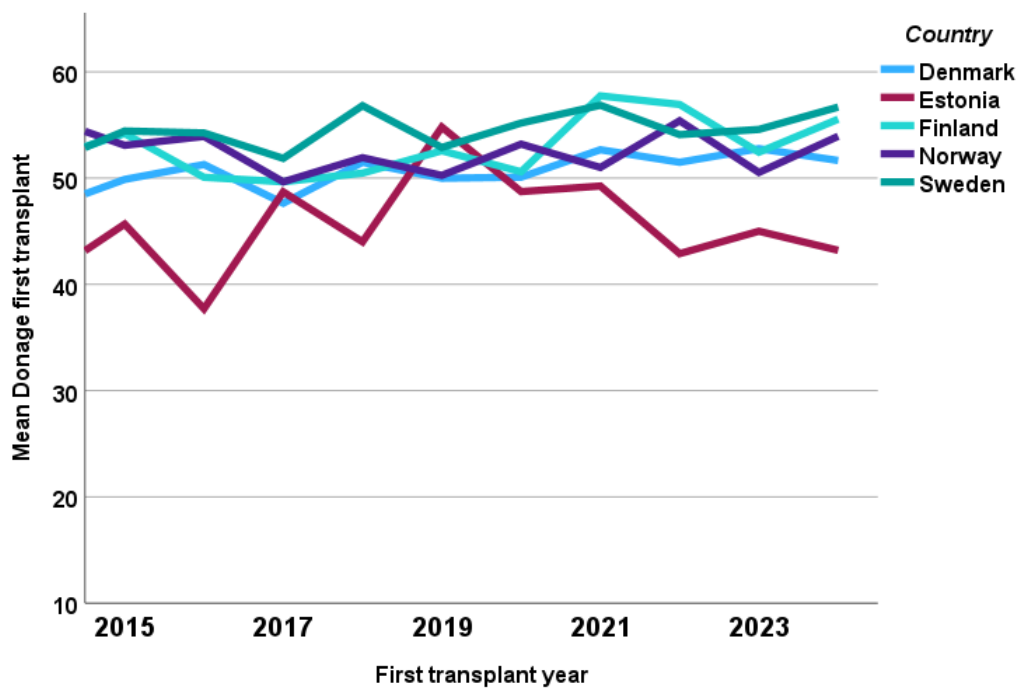


Figure 10. Mean age of donors utilized in the indicated years stratified for the different countries.

6. Diagnoses

In 2024, primary sclerosing cholangitis was again the leading indication for adult liver transplantation in the Nordic countries after being the third most common indication in 2023. (Table 6).

	1982-90	1991-99	2000-09	2010-19	2020-24	2024
Primary sclerosing cholangitis	13.9 %	15.5 %	17.3 %	18.1 %	17.3 %	19.2 %
Hepatocellular carcinoma	11.2 %	5.3 %	8.6 %	17.7 %	16.3 %	17.3 %
Alcohol associated liver disease	2.4 %	11.5 %	13.3 %	13.8 %	16.9 %	14.9 %
Metabolic disease	5.2 %	5.7 %	5.5 %	7.0 %	7.7%	10.2 %
Primary biliary cholangitis	29.1 %	14.1 %	7.8 %	5.3 %	4.7 %	5.6 %
Acute liver failure - other	9.6 %	8.6 %	5.6 %	5.3 %	4.7 %	3.1 %
Secondary liver tumors	1.2 %	0.6 %	1.4 %	2.0 %	2.9 %	2.8 %
Acute liver failure - toxic	0.8 %	3.8 %	4.2 %	2.8 %	2.5 %	2.5%
Other	26.6%	34.9%	36,3%	28.0%	27.0%	24.4%

Table 6. Diagnoses of adult patients listed for a first liver transplantation in 2024 compared with previous time periods.

7. Patient and liver graft survival

When looking at 5-years intervals, patient survival (defined as time from the first liver transplantation until death) and graft survival (defined as time from the first liver transplantation until death or retransplantation) were dramatically improving over the first years of the Nordic liver transplantation programs (Figures 12 and 13). For the last two 5-year periods the survival is quite similar. There are notable differences in the long-term patient and graft survival for different indications for transplantation (Figures 14, 15 and Table 7). The survival following retransplantation is reduced compared to the primary transplantation, this is particularly evident during the first months after the transplantation (Figure 16). Similar to the survival following the primary transplantation, the survival following retransplantation is markedly better in the recent time periods compared to the start of the program (Figure 17)

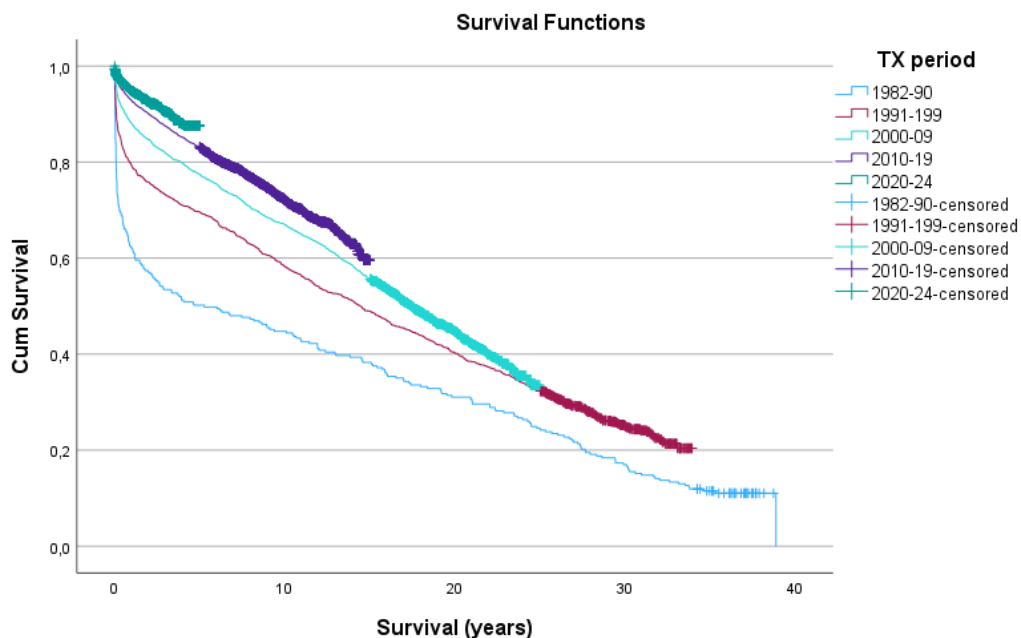


Figure 12. Kaplan-Meier patient survival curve for patients receiving a first liver allograft in the indicated time periods.

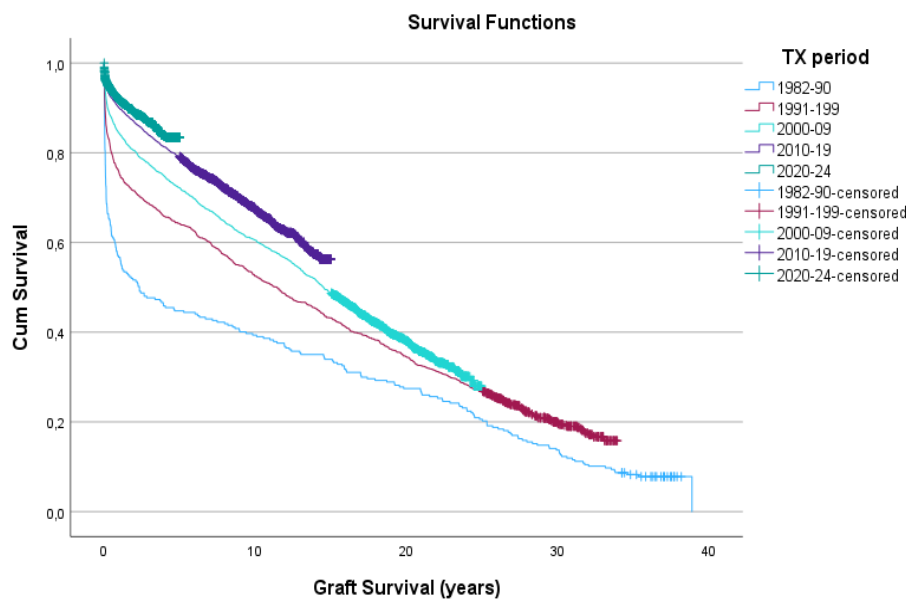


Figure 13. Kaplan-Meier graft survival curve for patients receiving a first liver allograft in the indicated time periods.

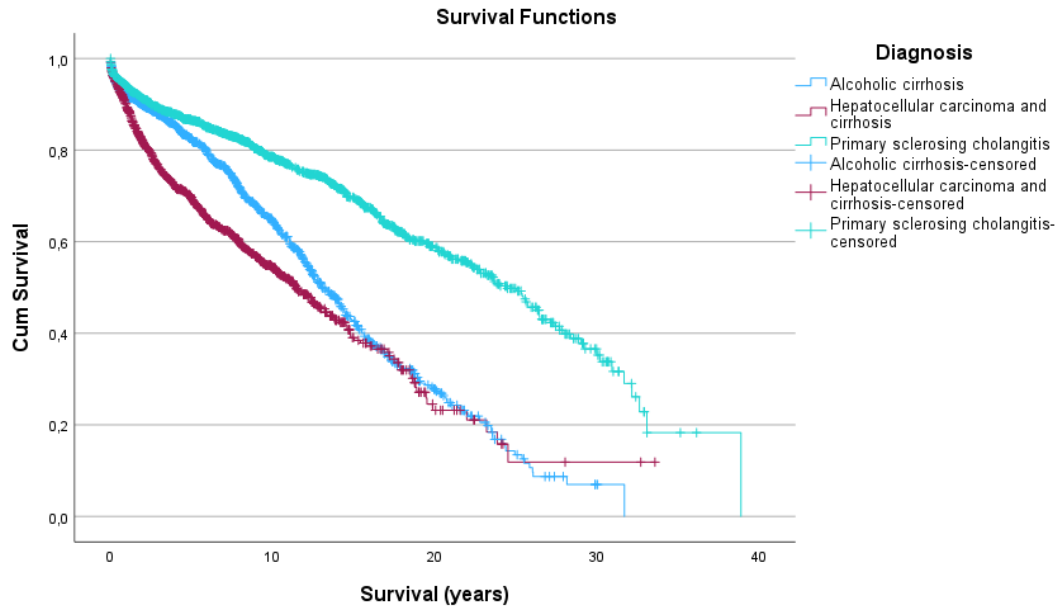


Figure 14. Kaplan-Meier patient survival curve for patients receiving a first liver allograft stratified for the three most common primary diagnoses.

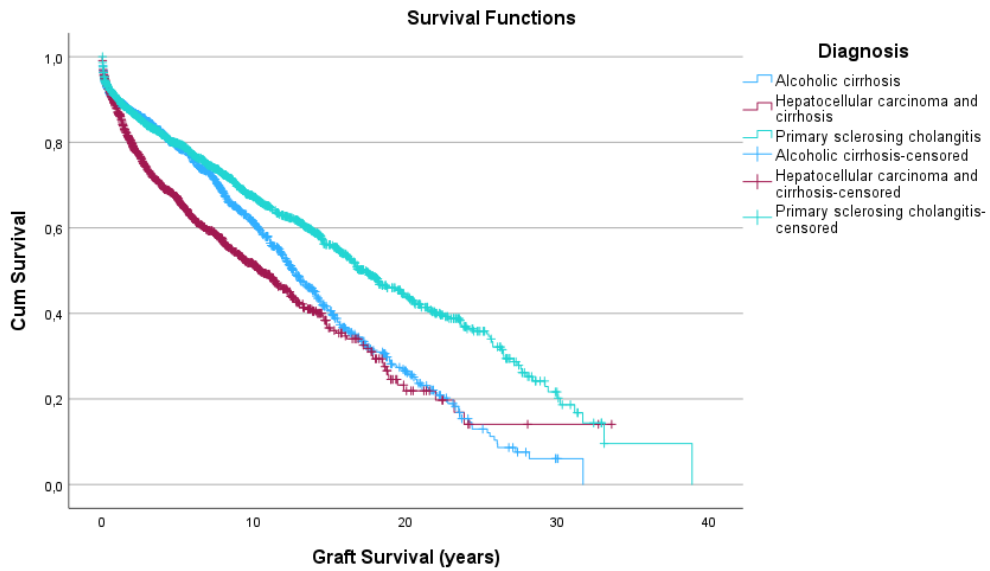


Figure 15 Kaplan-Meier graft survival curve for patients receiving a first liver allograft stratified for the three most common primary diagnoses

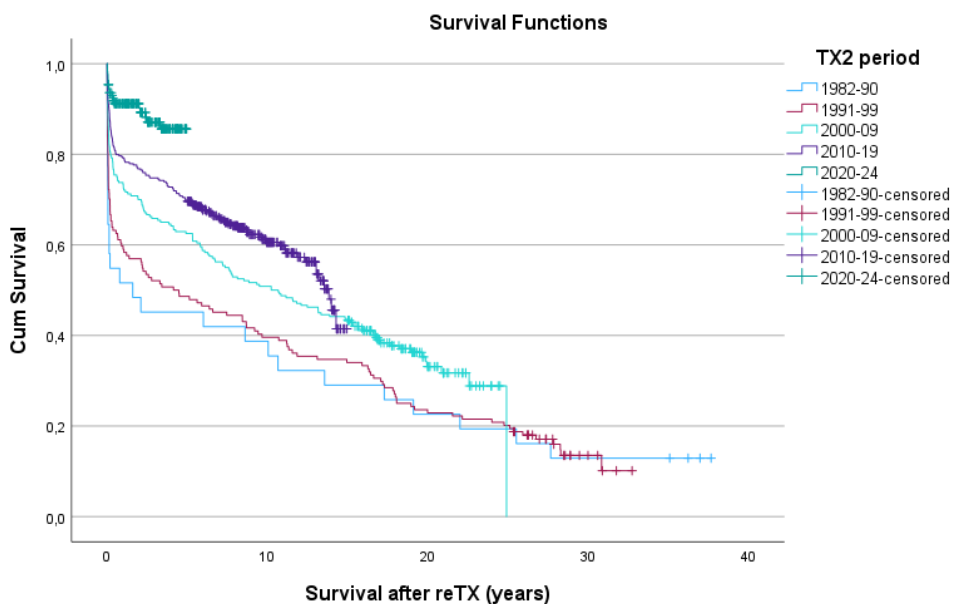


Figure 16. Kaplan-Meier patient survival curve for patients following retransplantation in the indicated time periods.

	Median age	1-year survival (%)	5-year survival (%)
Primary sclerosing cholangitis	45.1	98 %	91 %
Hepatocellular carcinoma and cirrhosis	62.7	94 %	78 %
Alcohol related liver disease	58.3	96 %	85 %
Metabolic disease	52.3	96 %	86 %
Cirrhosis - unknown	57.0	92 %	87 %
Autoimmune cirrhosis	50.2	96 %	86 %
Primary biliary cholangitis	56.7	93 %	90 %
Extrahepatic biliary atresia	1.5	94 %	94 %
Polycystic disease	56.2	96 %	96 %
Post hepatitis C cirrhosis	57.1	87 %	78 %
Listed as highly urgent	41.8	84 %	81 %

Table 7. Age at transplant and survival for the patients listed 2014-2024 for ten selected diagnoses and those listed as highly urgent.

8. Maintenance of the registry

There are differences between each center in terms of how extensive data are entered into the NLTR. Diagnosis information, waiting list/transplantation status and survival data for all patients are now complete for 2024. We are extremely grateful for the dedicated follow-up provided by the transplant coordinators upon our requests during quality control. In Oslo, we particularly want to thank Monika Olofsson and Hanna Klevengen, in Gothenburg Ulrika Samuelsson, in Stockholm Malin Aram and Marie Tranäng, in Copenhagen Ulla Brink Plagborg, in Helsinki Leena Toivonen and in Tartu Virge Pall. Quality control of the content of NLTR is a continuous priority, and a particular emphasis is put into ensuring integrity of the survival data, including cause of death. The remainder of the registry must be maintained at a level set at the discretion of each individual center and contact person.

9. Acknowledgements - financial support

The NLTR received no financial support in 2024. The maintenance of the database system has been performed by Scandiatriplant. We are extremely grateful for the help and support from Anne Ørskov Boserup, Ilse Duus Weinreich and the rest of the Scandiatriplant team in Aarhus. Without their assistance, it would very simply not have been possible to

maintain the registry and we sincerely hope their efforts are recognized by the NLTG and Scandiatransplant.

10. Organization and data ownership

The registry (software) is the property of Scandiatransplant. The data in the registry are the property of the hospitals represented in the Nordic Liver Transplantation Group. Utilization of data in research projects should be censored by the latter and need to comply with national guidelines for research ethics and data handling.

Co-authorships for publications from research projects should be allocated according to the Vancouver guidelines, this includes presentations of data at conferences. The quality statistics of the transplantation activity presented in this report must not be used in other contexts without permission from the Nordic Liver Transplantation Group.

11. Publications based on the NLTR

Full length articles 1990-2024:

1:Keiding S, Ericzon BG, Eriksson S, Flatmark A, Hockerstedt K, Isoniemi H, Karlberg I, Keiding N, Olsson R, Samela K, Schrumpf E. Survival after liver transplantation of patients with primary biliary cirrhosis in the Nordic countries. Comparison with expected survival in another series of transplantations and in an international trial of medical treatment. Scand J Gastroenterol 1990; 25:11-8

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11:Bjørø K, Ericzon BG, Kirkegaard P, Höckerstedt K, Söderdahl G, Olausson M, Foss A, Schmidt LE, Brandsæter B, Friman S. Liver transplantation for fulminant hepatic failure: impact of donorrecipient ABO-matching on the outcome. Transplantation 2003; 75:347-53

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